FORM 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB	APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Form 3 Holdings Reported.

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL **OWNERSHIP**

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Form 4 1	「ransactions R	eported.	Filed	pursuant to S or Section 3		,	,			•	of 1934						
Name and Address of Reporting Person* Vlak August M.				2. Issuer Name and Ticker or Trading Symbol EASTERN CO [EML]								Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last)	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2018							Year)	X Officer (give title Other (specify below) President & CEO								
(Street) NAUGATUCK CT 06770 (City) (State) (Zip)				4. If Amendment, Date of Original Filed (Month/Day/Year) ative Securities Acquired, Disposed of, or Benefi							Lin	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
1. Title of Security (Instr. 3) 2. Tra Date (Mont		2. Transaction Date	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.		4. Securities Acqu Disposed Of (D) (I		uired (A) or		5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
		12/31/2018						140	A	(1)	 	11,016		D			
		Т	able II - Derivat (e.g., p	ive Securi uts, calls,								/ Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numb derivativ Securitie Beneficis Owned Followin Reported Transact (Instr. 4)	ve es ally ng d tion(s)	10. Ownersh Form: Direct (D or Indire (I) (Instr. 4)	Beneficial Ownership		
					(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares						
Stock Appreciation Rights	\$19.1	03/02/2017 ⁽²⁾		Α	0(2)		(2)		03/02/2022	Common	20,000	\$0	20,00	00	D		
Stock Appreciation	\$24.9	02/07/2018 ⁽³⁾		A	0(3)		(3)		02/07/2023	Common	20,000	\$0	40,00	00	D		

Explanation of Responses:

Rights

- 1. 140 shares acquired at various prices for the period 8/15/2018 through 12/31/2018 under The Eastern Company Dividend Investment Plan and The Eastern Company Employee Stock Purchase Plan.
- 2. On March 2, 2017, 20,000 stock appreciation rights ("SARs") were granted to the reporting person pursuant to the terms of The Eastern Company 2010 Executive Stock Incentive Plan and a stock appreciation rights agreement, at an exercise price of \$19.10 per SAR. These SARs shall vest and become exercisable as follows (provided the reporting person remains an employee of the issuer on each applicable vesting date, and the issuer meets certain performance thresholds described in the stock appreciation rights agreement): 6,667 of the granted SARs vest on February 1, 2018; 6,667 of the granted SARs vest on February 1, 2019; and 6,666 of the granted SARs vest on February 1, 2020.
- 3. On February 7, 2018, 20,000 stock appreciation rights ("SARs") were granted to the reporting person pursuant to the terms of The Eastern Company 2010 Executive Stock Incentive Plan and a stock appreciation rights agreement, at an exercise price of \$24.90 per SAR. These SARs shall vest and become exercisable on February 1, 2021, provided the reporting person remains an employee of the issuer on the vesting date and the issuer achieves its Book Value Target at the close of December FY 2020.

/s/August M. Vlak 01/23/2019

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.