## FORM 5

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB APPROVAL									
OMB Number:	3235-0362								
Estimated average	burden								

1.0

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Instruction 1(b).

Form 3 Holdings Reported.

Form 4 Transactions Reported.

## ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  RAKOWICH WALTER C				2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST]								ck all app	olicable) etor		Person(s) to Issuer		
(Last) (First) (Middle) 6903 ROCKLEDGE DRIVE			(Middle)	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2018							ay/Year)			Officer (give title below)		Oth belo	er (specify ww)
SUITE 1500			4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individual or Joint/Group Filing (Check Applicable Line)								
(Street) BETHES	DA MI	<b>)</b>	20817									X	_	filed by Or filed by Mo			
(City)	(Sta	ate)	(Zip)														
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
Da		Date	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. r) 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)						es	6. Ownership Form:		7. Nature of Indirect Beneficial	
							Amoun		(A) or (D)			Deneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)		Direct (D) or Indirect (I) (Instr. 4)		Ownership (Instr. 4)	
Common Stock			05/14/2018		S4 <sup>(1)</sup>		)	34	41	D	\$20.74		33,606.5467			D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned  (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Security Conversion (Month/E		3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	of Deriv Secur Acqu (A) or Dispo of (D) (Instr	of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		ate Exercisable and iration Date nth/Day/Year)		Ame Sec Unc Der Sec 3 ar	7. Title and Amount of Securities Underlying Derivative Security (Instr 3 and 4)  Amou or Numb of Title Share:		Price f erivative ecurity nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownersh Form: Direct (D or Indire (I) (Instr. 4)	Beneficial Ownership

## **Explanation of Responses:**

 $1. \ This sale of common stock reported constitutes a trade pursuant to \ 10b 5-1 \ Plan \ adopted \ by the reporting person on August \ 11, \ 2017.$ 

By: Elizabeth A. Abdoo For: Walter C. Rakowich 01/17/2019

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $<sup>^{\</sup>star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).