FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

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Estimated average burden
hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person					ssuer Name and Ti HARLES RI					lationship of Reportii ck all applicable)	ionship of Reporting Person(s) to Issuer all applicable)			
FOSTER JA	MES C		TERNATIO) X	,	10% (Owner				
(Last) 251 BALLARD	(First)	3. [Date of Earliest Tra			-	X	Officer (give title below) Chairman, Pre	below	·				
231 BALLARD	VALE STREET			4 .				1/14 /1/5						
(Street)					f Amendment, Date	e of Origin	nai Fii	ea (Montn/Da	Line)	ividual or Joint/Group Filing (Check Applicable				
WILMINGTON MA 01887									X	Form filed by One Reporting Person Form filed by More than One Reporting				
(City)	(State)	(Zip)								Person				
	1	able I -	Non-Deriva	tive	e Securities A	quired	l, Di	sposed of	, or Be	eneficially	y Owned			
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed O 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership	
						Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	(Instr. 4)	
Common Stock			12/10/201	8		S ⁽¹⁾		300	D	\$126.24	307,193	D		
Common Stock			12/10/201	8		S ⁽¹⁾		100	D	\$126.25	307,093	D		
Common Stock			12/10/201	8		S ⁽¹⁾		7	D	\$126.26	307,086	D		
Common Stock			12/10/201	8		S ⁽¹⁾		100	D	\$126.27	306,986	D		
Common Stock			12/10/201	8		S ⁽¹⁾		500	D	\$126.28	306,486	D		
Common Stock			12/10/201	8		S ⁽¹⁾		200	D	\$126.31	306,286	D		
Common Stock			12/10/201	8		S ⁽¹⁾		300	D	\$126.32	305,986	D		
Common Stock			12/10/201	8		S ⁽¹⁾		200	D	\$126.34	305,786	D		
Common Stock			12/10/201	8		S ⁽¹⁾		100	D	\$126.35	305,686	D		
Common Stock			12/10/201	8		S ⁽¹⁾		100	D	\$126.36	305,586	D		
Common Stock			12/10/201	8		S ⁽¹⁾		100	D	\$126.37	305,486	D		
Common Stock			12/10/201	8		S ⁽¹⁾		8	D	\$126.39	305,478	D		
Common Stock			12/10/201	8		S ⁽¹⁾		100	D	\$126.40	305,378	D		
Common Stock			12/10/201	8		S ⁽¹⁾		500	D	\$126.44	304,878	D		
Common Stock			12/10/201	8		S ⁽¹⁾		100	D	\$126.45	304,778	D		
Common Stock			12/10/201	8		S ⁽¹⁾		493	D	\$126.48	304,285	D		
Common Stock			12/10/201	8		S ⁽¹⁾		200	D	\$126.49	304,085	D		
Common Stock			12/10/201	8		S ⁽¹⁾		100	D	\$126.5	303,985	D		
Common Stock			12/10/201	8		S ⁽¹⁾		100	D	\$126.53	303,885	D		
Common Stock			12/10/201	8		S ⁽¹⁾		100	D	\$126.56	303,785	D		
Common Stock			12/10/201	8		S ⁽¹⁾		300	D	\$126.58	303,485	D		
Common Stock			12/10/201	8		S ⁽¹⁾		100	D	\$126.58	303,385	D		
Common Stock			12/10/201	8		S ⁽¹⁾		100	D	\$126.61	303,285	D		
Common Stock			12/10/201	8		S ⁽¹⁾		100	D	\$126.61	303,185	D		

	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	or Exercise (Month/Day/Year) if any		Execution Date,	Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. This sale occurred pursuant to a 10b5-1 Trading Plan.

<u>/s/ James C. Foster</u> <u>12/11/2018</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).